



Feelings can be complicated—at any age. Help the children in your life learn to sort out their feelings. The award-winning MyFeelings™ line of toys help children build IQ, understand emotions, express themselves, build creativity and have fun!

These toys are hand-sewn and assembled



in Northern Minnesota, proudly supporting rural communities.

Our Products

MyFeelings!™ Huggables \$134.95

Little kids have big feelings! This pillow set is perfect for a child's bed, as actors in a puppet show, or for everyday play. These talking Huggables teach that every emotion has a job to do. Squeeze their tummies and you'll hear "Sad helps me let go, Mad helps me say no, Scared keeps my body safe. Love lets it all in and tells me I'm okay; Happy reminds me to play!"

MyFeelings!™ minis \$34.95

Just like their bigger counterparts, the minis help children visualize and sort their emotions. These make excellent airplane carry-on, car companion, or school companion. *For ages 2 and up.*

MyFeelings!™ stickers \$5.00

Perfect for teachers and parents! Turn every moment into a teachable moment with stickers that depict a child's particular emotion. More than 150 stickers!

MyFeelings!™ coloring book \$5.00

Perfect for teachers and parents! Filled with illustrated teachable moments, games, stickers and more! Get creative with your feelings!

Boost Your Mood with Food! Cookbook \$3.25

Learn how Real Food ingredients work with the chemistry in your body to self regulate hormones, leaving you full of energy and love.

MyFeelings!™ and Nurturing the Spirit T-shirt Prices Vary

Opening Your Heart CD \$15.00

Opening Your Heart is an audio CD designed to facilitate emotional healing using guided imagery.

Order now!

Product	Price	Qty.	Total
MyFeelings!™ Huggables	\$134.95		
MyFeelings!™ minis	\$34.95		
MyFeelings!™ stickers	\$5.00		
MyFeelings!™ coloring book	\$5.00		
<i>Boost Your Mood with Food</i> Cookbook	\$3.25		
MyFeelings!™ T-shirt CIRCLE SIZE: S M L XXL	Prices Vary		
Nurturing the Spirit T-Shirt CIRCLE SIZE: S M L XXL	Prices Vary		
Opening Your Heart CD	\$15.00		
Subtotal			
Sales Tax (MN Residents multiply by .06875)			
Shipping (see charges at right)			
Total			



Language of the Heart

**Creating and Consulting
for healing and feeling**

To place an order, fill out the form and mail to **Language of the Heart**
PO Box 868, Walker, MN 56484-0868
or visit LoveMyFeelings.com

Shipping:

Please add \$10 for orders under \$150
Orders over \$150, please add 10% of order subtotal

Name _____ [] Delivery [] COD

Address _____

City _____ State _____ Zip _____ Email _____

Phone _____ Credit Card _____ Exp. _____

Signature _____

please note:

T-shirts are only available at shows.
T-Shirts, Huggables and minis are made to order. Please allow 4-6 weeks for delivery.