

# Spring 2019 ILS Group

Group is held  
Tuesdays & Thursdays  
from 3:45p-6pm



Tuesdays	Thursdays
April 2nd	April 4 <sup>h</sup>
April 9 <sup>th</sup>	April 11 <sup>th</sup>
April 16 <sup>th</sup>	April 18 <sup>th</sup>
April 23 <sup>rd</sup>	April 25 <sup>th</sup>
April 30 <sup>th</sup>	
May 7 <sup>th</sup>	May 9 <sup>th</sup>
May 14 <sup>st</sup>	May 16 <sup>rd</sup>
May 21 <sup>st</sup>	May 23 <sup>rd</sup>
	May 30 <sup>th</sup>

## Who should attend:

Youth ages 14-21  
currently working  
with the ILS  
Program-

Not yet connected  
with ILS? Get in  
touch with us and  
learn how!

## What to expect:

- Have fun
- Great food
- Meet new people
- & learn great stuff!

## Topics include:

- Career/job exploration
- College and financial aid
- Budgeting
- Maintaining sobriety
- Housing
- Youth Legal Rights
- Sexual Health
- Stress Management
- And more!!!!!!!

Transportation can be provided for up to 7 youth in the Bemidji area. Gas cards can be provided for youth who transport themselves or have their own ride.

Where: Evergreen Youth Services  
610 Patriot Dr NW Bemidji  
Conference Room

Space is limited to 10 participants

To sign up please contact Sam or CariMae!

Sam- 218-441-4551 samantha.clausen@evergreenyfs.org  
CariMae-218-441-4553 cari.kluthe@evergreenyfs.org